

Lorain County's
16th Annual



RECIPE
BOOK

December 7, 2017

drive sober
ALWAYS

in LORAIN COUNTY

73 people died on
the roads
2014-2016

#1 cause of these
deaths was
alcohol



**As a party guest, YOU can be
part of the solution too!**

- ✓ Drinking at a party is not mandatory to have a good time, so avoid pressuring others to do so.
- ✓ Volunteer to be a designated driver—your friends and family will be thankful.
- ✓ If you see someone who is about to drive impaired, take their keys and help them make arrangements for a safe ride home.

Sources:

Lorain County Fatality Review Committee Data
Ohio Department of Public Safety

STAY SAFE AND DRIVE SOBER TO SPREAD THE HOLIDAY CHEER!

Consider these holiday tips to stay safe:

- A sober driver is the way to go. Plan ahead by finding a safe way home before the festivities begin.
- If you're impaired, use an app like Uber, Lyft, or SaferRide. Call a sober friend or family member, a taxi, or use public transportation.
- If you happen to see a drunk driver on the road, call 911.

Be the 'Host with the Most' all year long:

- Offer your favorite non-alcoholic beverage from the Zero-Proof Mix Off as an option for guests.
- Plan activities like party games or door prize drawings to keep guests engaged in things other than drinking alcohol.
- Help guests to coordinate safe rides home before the party starts.
- If a guest appears to be drinking too much, offer to freshen their drink up with a non-alcoholic version of what they have been drinking.
- Close the bar at least 90 minutes before the party ends, and offer a non-alcoholic beverage.

Alcohol-free party ideas:

- Host your own Zero-Proof Mix Off by asking guests to create non-alcoholic drink recipes as part of a competition.
- Try a white elephant gift exchange to keep guests engaged in a non-alcoholic activity.
- Have guests dress up in a stylish theme to make the party unique and fun.
- Craft an exciting holiday menu that will be the talk of the party.

TABLE OF CONTENTS

Midnight Apple Sparkler - Murray Ridge Center: Early Intervention	2
THE GRINCH HOT CHOCOLATE – Lorain County Community College Police Training Academy	3
Permitted in the Park - Lorain County Metro Parks	4
BLOOD SHOT – Lorain County JVS Adult & High School Phlebotomy Programs .	5
FREEZE!!! – Ohio State Highway Patrol – Elyria Post	6
Peppermint Milkshake – Keystone High School.....	7
Glowing Comet – Marion L. Steele Medical Health Technology Program.....	8
Wildcat Wonderland Punch – Keystone Youth 4 Youth.....	9
Stop, Collaborate & Listen! – United Way of Greater Lorain County	10
Panther Polar Plunge Punch – Elyria Catholic High School.....	11
Hot Apple Cinnamon Sweetness – Lorain County Blue Foundation	12
No blood shot eyes – Lorain County Sheriff’s Office	13
Santa’s Last Stop – The Nord Center	14
Cool Blue Breeze – Catholic Charities, Community Services Lorain County.....	15
Galactic Juice – St. Mary School-Elyria.....	16
Hendricks’ Orange Tea – Lorain County JVS FFA.....	17
Commit-mint – Second Harvest Food Bank of North Central Ohio.....	18
The Island – Firelands Counseling & Recovery Services of Lorain County.....	19
Pumpkin Spice Vanilla Cold Brew – Lorain County Community College Starbucks	20
Heck’s Sparkling Cranberry – Heck’s Café Avon	21
Kryptonite – Judge Sherry L. Glass	22
Blue Moon – Students In Recovery Club, Lorain County Community College.....	23
2016 WINNERS:	
Best Taste: Lorain County Blue Foundation, <i>Sleigh Driver</i>	24
Best Name: Lorain County Metro Parks, <i>Green Ranger</i>	25
Best Student Drink: Police Training Academy of Lorain County Community College, <i>Spicy Chocolate Pumpkin Milkshake</i>	26
Best Presentation: United Way of Greater Lorain County, <i>Change the Odds</i>	27
People’s Choice: Ohio State Highway Patrol, <i>THE VELEZ</i>	28
Best Overall: LIFE: a Dementia Friendly Foundation, <i>Tropical LIFE</i>	29
THANK YOU!	30

Midnight Apple Sparkler

MIXED BY:

Murray Ridge Center: Early Intervention

INGREDIENTS:

- 5 c. apple cider
- 2 c. 7-Up
- 1 c. club soda
- Whipped cream
- Caramel sauce
- Edible gold glitter

DIRECTIONS:

Combine the apple cider, 7-Up and club soda. Serve topped with whipped cream, caramel sauce, and edible glitter- if desired.



MurrayRidgeCenter

HELPING PEOPLE...FOR A LIFETIME

THE GRINCH HOT CHOCOLATE

MIXED BY:

Lorain County Community College
Police Training Academy

INGREDIENTS:

- 2 c. milk
- 1 c. white chocolate chips
- 2 tsp. vanilla extract
- 1 tsp. mint extract
- 2 drops green food coloring
- Whip cream
- Green sprinkles

DIRECTIONS:

Put milk and chocolate in sauce pan on low, melt chips slowly. Remove from heat. Mix in vanilla, mint, and food coloring. Garnish with whip cream and green sprinkles. Yields four 4 oz. servings.



Permitted in the Park

MIXED BY:

Lorain County Metro Parks

INGREDIENTS:

- 1/3 c. sugar
- 1 qt. cranberry juice
- 2 c. unsweetened pineapple juice
- 3 tbsp. almond extract
- 1 (2 liter) bottle ginger ale

DIRECTIONS:

In a large container, mix together sugar, cranberry juice, pineapple juice and almond extract. Refrigerate for 1 day. To serve pour juice mixture into a punch bowl. Stir in ginger ale.



BLOOD SHOT

MIXED BY:

Lorain County JVS Adult & High School
Phlebotomy Programs

INGREDIENTS:

- 1 (2 liter) Dr. Pepper soda
- 1 (1 liter) Ginger Ale soda
- 1 (1 liter) Sparkling grape juice
- 2 (2 liter) Pure cherry juice
- 1 jar (13.5 oz.) maraschino cherries (undrained)

DIRECTIONS:

Mix sodas, cherry juice, and sparkling grape juice in bowl. Add maraschino cherries and stir.



FREEZE!!!

MIXED BY:

Ohio State Highway Patrol – Elyria Post

INGREDIENTS:

- 1 oz. cream
- ¾ oz. coconut cream
- 1 ½ oz. cherry juice
- dash of grenadine syrup
- 1 ½ oz. pineapple juice
- ½ c. crushed or shaved ice

DIRECTIONS:

Blend all ingredients and serve over ice.
Makes 1 serving



Peppermint Milkshake

MIXED BY:

Keystone High School

INGREDIENTS:

- 3 heaping scoops chocolate ice cream
- 3 heaping scoops vanilla ice cream
- ½ c. heavy cream
- ½ c. milk
- ¼ c. chocolate mint cookies, such as Thin Mints, chopped, plus more for garnish
- 1 tsp. peppermint extract
- Whipped cream, for topping, optional

DIRECTIONS:

Put the chocolate and vanilla ice cream, heavy cream, milk, cookies, and peppermint extract in a blender and process until thick and smooth. Divide the milkshake between 2 glasses. Top with a dollop of whipped cream, if using, and chopped mint cookies.



Glowing Comet

MIXED BY:

Marion L. Steele Medical Health
Technology Program

INGREDIENTS:

- 6 to 10 limes or lemons
- Approx. 4 c. water
- 4 c. Sprite
- 2 scoops powdered lemonade mix
(add to taste)
- Agave, as a sugar alternative
(sweeten to taste)
- Ice cubes
- Vanilla ice cream
- Tonic water

DIRECTIONS:

Wash your limes / lemons. Cut them in half. Place the halved limes or lemons in the blender with 4 cups of water. Blend until the limes or lemon is completely pulverized (your limeade mixture). Strain the limeade. Add the Sprite and lemonade powder. Add water to taste. Add ice if needed. If more sweetness is desired, add agave to taste. Then add a splash of tonic (it gives it the glow!) and garnish with an ice cream floater. This is the perfect drink for a glow party! Keeps you cool and glows!



Wildcat Wonderland Punch

MIXED BY:

Keystone Youth 4 Youth

INGREDIENTS:

- 4 cans frozen Minute Maid Fruit Punch
- 1 can frozen Minute Main Berry Punch
- 1 (16 oz.) bottle cranberry juice
- 1 (16 oz.) bottle grape juice
- 2 lemons, juiced
- 2 limes, juiced
- black food coloring
- 1 bag frozen mixed berries (strawberries, black cherries, blackberries, etc.)
- 1 (1 liter) ginger ale, chilled

DIRECTIONS:

Mix fruit and berry punch and add water as directed on package. Mix well until combined. Add cranberry juice and lemon and lime juices. Add in one drop of food coloring at a time until you reach desired color. Add the frozen fruit and mix well. Just before serving, add the ginger ale and stir again. Serve chilled or over ice.



Stop, Collaborate & Listen!

MIXED BY:

United Way of Greater Lorain County

INGREDIENTS:

- 2 c. Berry punch (or blackberry puree)
- 6 tbsp. lemon juice
- 2 tsp. vanilla extract
- 4 tsp. honey
- 12-16 oz. Sprite (add ICE to pitcher and fill to top)
- Add sugar to rim and garnish with fresh blackberries and/or mint leaves

DIRECTIONS:

Stir together berry punch (or blackberry puree), lemon juice, vanilla extract, honey, Sprite. Pour into a glass over ice. Add sugar to rim, blackberries, and mint leaves to garnish. Makes 32 oz. (4-6 servings).



**United Way of
Greater Lorain County**

Panther Polar Plunge Punch

MIXED BY:

Elyria Catholic High School

INGREDIENTS:

- 1 large container of blue Hawaiian punch
- 1 (2 liter) of 7-Up
- 2 c. pineapple juice
- Vanilla ice cream for snow

DIRECTIONS:

Mix together the first 3 ingredients in a large punch bowl. Add scoops of vanilla ice cream for snow.



**ELYRIA CATHOLIC
HIGH SCHOOL**

Hot Apple Cinnamel Sweetness

MIXED BY:

Lorain County Blue Foundation

INGREDIENTS:

Cider:

- 12 oz. apple cider
- 1 tbsp. homemade cinnamon syrup
- Whipped cream
- 1 tbsp. caramel sauce

Cinnamon syrup:

- 1 c. water
- 1 c. brown sugar
- 1 tsp. cinnamon
- 1 tsp. vanilla extract

Caramel sauce:

- ½ c. salted butter
- 1 c. brown sugar
- ⅔ c. heavy whipping cream
- 1 tsp. vanilla extract
- ⅛ tsp. salt



DIRECTIONS:

Bring apple cider to a low simmer in a small pot set over medium heat. Transfer to a large mug and stir in one tablespoon of cinnamon syrup. Top with whipped cream and drizzle one tablespoon caramel sauce.

Cinnamon Syrup

1. In a medium saucepan set over high heat, combine water, brown sugar, and cinnamon. Whisk continuously until sugar is dissolved and mixture comes to a boil. Reduce heat to a simmer and whisk for 5 minutes longer, or until syrup thickens.
2. Remove pot from heat and stir in vanilla. Transfer syrup to a clean glass jar and allow to cool.

Carmel Sauce

1. In a medium saucepan set over medium-low to medium heat, melt butter. Mix in brown sugar and stir for 2 minutes. Mix in heavy cream and stir for 2 more minutes. Remove pan from heat and stir in vanilla and salt until well incorporated.
2. Pour hot caramel sauce in a jar and allow to cool completely.

No blood shot eyes

MIXED BY:

Lorain County Sheriff's Office

INGREDIENTS:

- 2 (2 liter) Dr. Pepper soda
- 1 (32 oz.) bottle pure cherry juice
- 1 (1 liter) ginger ale
- 1 (13.5 oz.) jar of un-drained maraschino cherries
- Optional: add 1 c. pomegranate arils for garnish
- Optional: scoop in vanilla ice cream to make floats

DIRECTIONS:

In large punch bowl, combine Dr. Pepper soda, cherry juice, ginger ale, and maraschino cherries. Add ice to fill punch bowl. Also add pomegranate arils and ice cream if you wish.



SANTA'S LAST STOP

MIXED BY:

The Nord Center

INGREDIENTS:

- ½ c. boiling water
- 2 envelopes unflavored gelatin
- 2 ½ c. sparkling grape juice
- 20 gummies

DIRECTIONS:

Bring water to a boil, add the gelatin mix, and then add juice. Pour into cups and add one gummy bear into each. Put in refrigerator. Enjoy!



The Nord Center

Comprehensive Behavioral Healthcare

Cool Blue Breeze

MIXED BY:

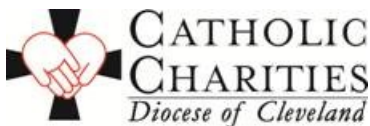
Catholic Charities, Community Services
Lorain County

INGREDIENTS:

- 32 oz. of pineapple juice
- 1 gal. Berry Blue Typhoon Hawaiian Punch
- ½ 2-liter of Sprite
- 1 container of Country Time powdered lemonade mix
- Swedish Fish candy to garnish

DIRECTIONS:

Pour 1 gal. Hawaiian punch in container or punch bowl. Next stir in pineapple juice. Pour half of powdered lemonade mix and stir until the powder dissolves. After the powder is dissolved add crushed ice and Sprite to taste, give one quick stir but not too much. Garnish with Swedish Fish candy.



Galactic Juice

MIXED BY:

St. Mary School – Elyria

INGREDIENTS:

- 19 (25.40 oz.) bottles sparkling white grape juice
- 2 qt. raspberry sherbet
- 12 oz. bag of frozen raspberries

DIRECTIONS:

Break up raspberries into bits. Pour appropriate number of bottles of sparkling white grape juice into a punchbowl. Add scoops of sherbet in proportion to liquid. Sprinkle raspberry bits over mixture, as desired. Makes 4 gallons.



HENDRICKS' ORANGE TEA

MIXED BY:

Lorain County JVS FFA

INGREDIENTS:

- 1 $\frac{1}{3}$ c. Tang
- $\frac{1}{3}$ c. instant tea
- 1 tsp. cinnamon
- $\frac{1}{2}$ c. sugar
- $\frac{1}{2}$ tsp. ground cloves

DIRECTIONS:

Combine all ingredients and store in a tightly sealed container. Add one teaspoon of mixture to boiling water. Enjoy!



Commit-mint

MIXED BY:

Second Harvest Food Bank of North Central Ohio

INGREDIENTS:

- 1 whole cucumber
- 1 apple
- Small bunch of mint leaves, loosely packed
- ½ lime juice
- Ginger – about 5 cm long (optional)
- Frozen cranberries (optional)

DIRECTIONS:

1. Blend cucumber, apple, lime juice, and mint.
2. Add ginger to taste.
3. Garnish with cranberries.
4. Serve over ice in a rocks glass.



The Island

MIXED BY:

Firelands Counseling & Recovery Services
of Lorain County

INGREDIENTS:

- ½ tbsp. grenadine
- 2 tbsp. Liquid Piña Colada Mix
- 12 oz. lemon lime carbonated soda

DIRECTIONS:

Mix together and add ice.



Pumpkin Spice Vanilla Cold Brew

MIXED BY:

Lorain County Community College
Starbucks

INGREDIENTS:

- Pumpkin spice
- Vanilla syrup
- Cold brew iced coffee
- Half-and-half

DIRECTIONS:

(For a tall size-12 oz.)

1. Pump 0.75 oz. of pumpkin spice.
2. Pump 0.75 oz. of vanilla syrup.
3. Pour 10 oz. of cold brew iced coffee.
4. Add a splash of half-and-half.



Heck's Sparkling Cranberry

MIXED BY:

Heck's Café Avon

INGREDIENTS:

- 1 ½ oz. cranberry juice
- 1 oz. winter cinnamon simple syrup
- ½ oz. lime juice
- 2 oz. soda water
- Garnish with lime cherry flag

DIRECTIONS:

1. Fill Collins glass with ice.
2. In a cocktail shaker add the cranberry juice, lime juice, and winter cinnamon simple syrup and ice.
3. Strain mix into Collins glass and top with soda.
4. Garnish with lime cherry flag.

WINTER CINNAMON SIMPLE SYRUP

INGREDIENTS:

- ½ c. orange juice
- 2 rosemary sprigs
- Tsp. of cloves
- 4 cinnamon sticks
- 2 c. water
- 2 c. sugar

WINTER CINNAMON SIMPLE SYRUP

DIRECTIONS:

Bring to boil and simmer for 5 min



Kryptonite

MIXED BY:

Judge Sherry L. Glass and The Justice League

INGREDIENTS:

- 4 (0.13 oz.) packets unsweetened lemon-lime drink mix (Kool Aid)
- 4 c. sugar
- 2 (46 oz.) cans pineapple juice
- 24 oz. frozen lemonade concentrate, thawed
- 64 oz. ginger ale

DIRECTIONS:

1. Put 4 quarts of water in a large container.
2. Add the drink mix and sugar and stir until the sugar is dissolved.
3. Add the pineapple juice and lemonade concentrate.
4. Just before serving, add the ginger ale.

Makes 2 gallons. 32-40 servings.



Judge Sherry L. Glass

Domestic / Juvenile Division
Lorain County Common Pleas Court

Blue Moon

MIXED BY:

Students In Recovery Club, Lorain County
Community College

INGREDIENTS:

- 3 oz. blue Hawaiian punch
- 2 oz. white cranberry juice
- 7-Up

DIRECTIONS:

1. Chill beforehand.
2. Pour the blue Hawaiian punch into punch bowl.
3. Add the white cranberry juice.
4. Spoon into glasses. Add 7-Up to top off the cup!



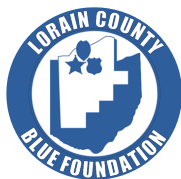
2016 BEST TASTE WINNER: Sleigh Drive

MIXED BY:

Lorain County Blue Foundation

INGREDIENTS:

- 1 c. water
- ½ c. sugar
- 2 inch piece fresh ginger, peeled and sliced
- 3 pears, chopped
- 2 qt. apple cider
- 1 lemon
- 1 c. fresh cranberries



DIRECTIONS:

1. Boil together water, sugar, ginger and cut pear over medium-high heat. Stir occasionally. Strain solids and return liquid to the pan.
2. Add pears, cider, lemon, allspice and heat over medium-high heat. Stir often for 15 min.
3. Add cranberries and vanilla. Reduce heat to medium-low (simmer not boil).

*Make ahead tip: let cool, cover and refrigerate for 1 day. Reheat on stove on low.

2016 BEST NAME WINNER: GREEN RANGER

MIXED BY:

Lorain County Metro Parks

INGREDIENTS:

- 46 oz. pineapple juice
- $\frac{3}{4}$ c. frozen limeade concentrate, thawed
- 1 (1 liter) ginger ale
- 1 qt. lime sherbet, softened

DIRECTIONS:

In a punch bowl combine the pineapple juice and limeade concentrate. Add soda and sherbet. Stir until blended. Serve immediately. Makes 21 servings.

NUTRITIONAL FACTS:

$\frac{3}{4}$ c. serving= 116 calories, 1g fat, 0 cholesterol, 18mg sodium, 27g carbs, 24g sugar, 1g fiber, 1g protein.



2016 BEST STUDENT DRINK WINNER: Spicy Chocolate Pumpkin Milkshake

MIXED BY:

Lorain County Community College Police Academy

INGREDIENTS:

- ½ c. whole milk
- ½ c. pumpkin puree
- ¼ tsp. cinnamon, ground
- ¼ tsp. ginger, ground
- ¼ tsp. cloves, ground
- 3 c. chocolate ice cream (6 medium scoops)

Garnish: whipped cream and chocolate to grate on top, chocolate syrup for glass.

DIRECTIONS:

Combine ingredients into a blender. Blend together. Pour into glasses and garnish with toppings.



2016 BEST PRESENTATION WINNER:

Change the Odds

MIXED BY:

United Way of Greater Lorain County

INGREDIENTS:

- 2 parts lime sparkling water
- 4 parts blood orange Italian soda
- 2 parts tonic water
- Basil leaves
- Orange sugar
- Garnish with fresh lime, blood orange or grapefruit

DIRECTIONS:

1. Muddle basil leaves.
2. Combine blood orange Italian soda, tonic water, and lime sparkling water.
3. Add muddled basil leaves to taste.
4. Apply orange sugar rim as desired
5. Garnish with fresh lime, blood orange, or grapefruit.



**United Way of
Greater Lorain County**

2016 PEOPLE'S CHOICE WINNER: THE VELEZ

MIXED BY:

Ohio State Highway Patrol – Elyria Post

INGREDIENTS:

- 5 cans evaporated milk
- 1 tbsp. vanilla extract
- 2 bananas
- 1 c. sugar
- 1 can crème of coconut
- Whipped cream and cinnamon

DIRECTIONS:

Add the evaporated milk, crème of coconut, and bananas to blender. Blend, add sugar while blending. Empty the blender into a large bowl, add remaining cans of evaporated milk to bowl as well. Stir thoroughly. Add vanilla and taste. You can more vanilla to taste if necessary. Top drink with whipped cream and cinnamon. Makes 6 servings.



2016 BEST OVERALL WINNER:

Tropical LIFE

MIXED BY:

LIFE: A Dementia Friendly Foundation

INGREDIENTS:

- 64 oz. tropical drink (Welch's)
- 1 qt. rainbow sorbet
- 1 (2 liter) 7-up
- Fresh fruit (pineapple, strawberries, raspberries—your choice)

DIRECTIONS:

Add ingredients to a punch bowl, float sorbet, and fresh fruit. Serve with or without ice. Makes 5 gallons.



THANK YOU:

JUDGES

Cindy Andrews, Community Foundation of Lorain County

Gene Briscoe, WDLW 1380AM / 98.9FM

Lt. Mark Cawthon, Amherst Police Department

Dr. Craig Chapple, Lorain County Coroner's Office

Ken Collins, Lorain County Community College

Lori Cook, AAA East Central

Ryan Finnegan, Avon Brewing Company

Chief Michael Freeman, North Ridgeville Police

Department, Lorain County OVI Task Force

Julie Wallace, Chronicle Telegram

Tim Williams, Communities That Care

ANNOUNCER

Stephen Sefchik, Lorain County Community College

TERRI ZUNIS

Thank you for sharing your story.

DomZunisFoundation.org

ENTERTAINMENT

The Madrigals of Amherst Steele High School

Ohio State Highway Patrol Drum & Bugle Corps

ALL VOLUNTEERS!

THANK YOU FOR YOUR GENEROUS DONATIONS!

Synergy Woods

Fitness Center at UH Avon Health Center

Cracker Barrel – Sheffield

Beck Center for the Arts

Arby's – Sheffield

Liquid Fresh Planet – Westlake

World Gym – Sheffield

Stan Hywet Hall & Gardens

Dunkin Donuts – Amherst

Cleveland Botanical Garden

Dave & Buster's – Westlake

Poppee's Popcorn

Lake Erie Crushers

Rebman Recreation Inc.

AAA East Central

DON'T WRECK THE HOLIDAYS.



IN THE UNITED STATES
DURING DECEMBER
FROM 2012-2016, 28% OF
THOSE WHO DIED IN
TRAFFIC CRASHES DIED
IN CRASHES INVOLVING
DRUNK DRIVERS.



SOURCE: NHTSA.GOV



is conducted through



Lorain County Public Health

For the Health of Us All

9880 S. Murray Ridge Rd.
Elyria, OH 44035

LorainCountyHealth.com
440-322-6367

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